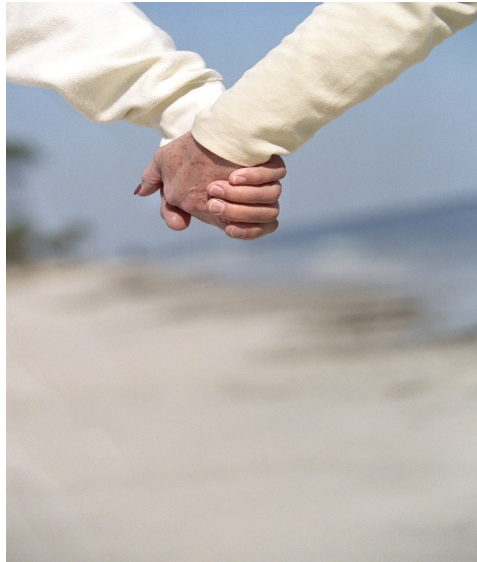

Accord
Building Relationships
Caring for Marriage

How to arrange an appointment

Call us on **094 9254944** between 10am to 1pm. Monday to Friday and a reception appointment can be arranged.

The first session explains the processes and commitments and if you need help other than marriage and relationship counselling we will refer you to the appropriate agency.

Accord is non-profit organization, but there is a sliding scale of fees based on income. No one is turned away from **Accord** due to lack of money.



**Accord Marriage and
Relationship Counselling
Charlestown Centre
Pastoral Centre
Charlestown**

094 9254944

**Accord is a national
organisation with 58 centres
throughout Ireland.**

Pastoral Centre Charlestown is located on the Swinford Road beside St Attracta's National School

Phone: 094 9254944
Locall: 1850 201878
E-mail: accordcharlestown@eircom.net



**Accord Marriage and
Relationship Counselling
Charlestown Centre
Pastoral Centre
Charlestown**

094 9254944

Accord is a national organisation with 58 centres throughout Ireland.



Accord Marriage and Relationship Counselling

What is Counselling?

Accord Marriage and Relationship Counselling offers individual and couple counselling for persons who are struggling with various forms of interpersonal difficulties and problems.

Counselling involves meeting with a professionally trained counsellor over a period of time and addressing, in a confidential and secure manner, those issues that individuals or couples wish to discuss.

While counselling does not offer easy solutions, it can create a context within which people can resolve their difficulties.

Do both people need to attend?

No, both people need not attend, though we do recommend it as the better alternative.

Counselling where both parties are involved, usually offers the greatest opportunity for change. However, where one partner is unwilling to attend, we recommend that the other partner come alone.

Who provides the Counselling?

All our counsellors are professionally trained and work in a voluntary capacity within the centre. Our counsellors are married themselves and are carefully selected and trained to the highest standard. Our counsellors receive ongoing professional supervision and specialist training in relationship counselling.

Difficulties tend to fall into these categories:

- Couples with a good relationship but struggling with some of the normal difficulties of marital and family life
- Couples with a strong commitment to stay together but who struggle with acute or chronic problems.
- Couples with serious relationship difficulties where one or both partners are unsure about continuing in a relationship.

Within these categories couples struggle with various problems or crises such as:

- Experience of neglect
- Emotional abuse
- Conflict in communication
- Extramarital affairs
- Distant and uncommunicative partners
- Physical violence
- Unemployment
- Abuse of alcohol and other drugs
- Sexual difficulties

MISSION STATEMENT

- Empowering people
- Fostering relationships
- Caring for couples facing the challenges of Christian Marriage

Pastoral Centre Charlestown is located on the Swinford Road beside St Attracta's National School

Phone: 094 9254944
Locall: 1850 201878
